

Name: NIRA BARMAN Age: 64 YEARS Gender: Female

Date: 16/11/2025

Chief Complaint

LEFT FROZEN SHOULDER - 4-5 MONTHS

Test Report

BLOOD SUGAR

-

Medical History

DM TYPE2 +VE

Remarks

Pain History

Onset	GRADUAL
Duration	4-5 MONTHS
Aggravating Factors	DURING NIGHT
Relieving Factors	HOT COMPRESSION

Bladder & Bowel Control

N/A

On Examination

ROM	FLEX - 0-40 DEG, INT ROT 0-30, EXT ROT 0-40, ABDUC 0-60
Tenderness	ANT SHOULDER POINT
Swelling	ABSENT

Special Test

N/A

Advice

DO REGULAR EXERCISE

Physiotherapy Management

IFT, UST, DDN, OSTEOPATHIC SHOULDER ADJUSTMENT - 15 DAYS

Doctor's Signature